

# LET'S EXPERIENCE PARA ATHLETICS

## INDEPENDENT, PAIR OR TEAM EVALUATION QUIZ

NO	QUESTION	ANSWER
1	Which events did Para athletes compete in during the first Paralympic Games?	Field events for wheelchair users
2	Name two track events that are contested at Paralympic Games.	Two of the following: Sprint race, middle-distance race, long-distance race, relay race.
3	Name two field events that are contested at Paralympic Games.	Two of the following: High jump, long jump, triple jump, discus, shot put, javelin, club throw.
4	What is the name given to someone who assists a runner with a vision impairment?	Guide-runner
5	Name three other sports contested by athletes with vision impairment at Paralympic Summer Games.	Accept all suitable answers: Para athletics, cycling, 5-a-side football, goalball, swimming, rowing, judo, equestrian.
6	At the finish of an event, when accompanied by a guide-runner, who must cross the line first? <b>A.</b> Both must cross the line at the same time <b>B.</b> The athlete must cross the line first <b>C.</b> The guide-runner must cross the line first	<b>B.</b> The athlete must cross the line first
7	Does the guide-runner have to cross the line for the performance of the runner to be recognised?	Yes, both runner and guide-runner must complete the race.
8	Can guide-runners provide verbal instructions to their runner?	Yes
9	What is a tether made from?	A non-stretch material